BCPT Eight Symptom Scale (BESS) Scoring Guidelines (2007)
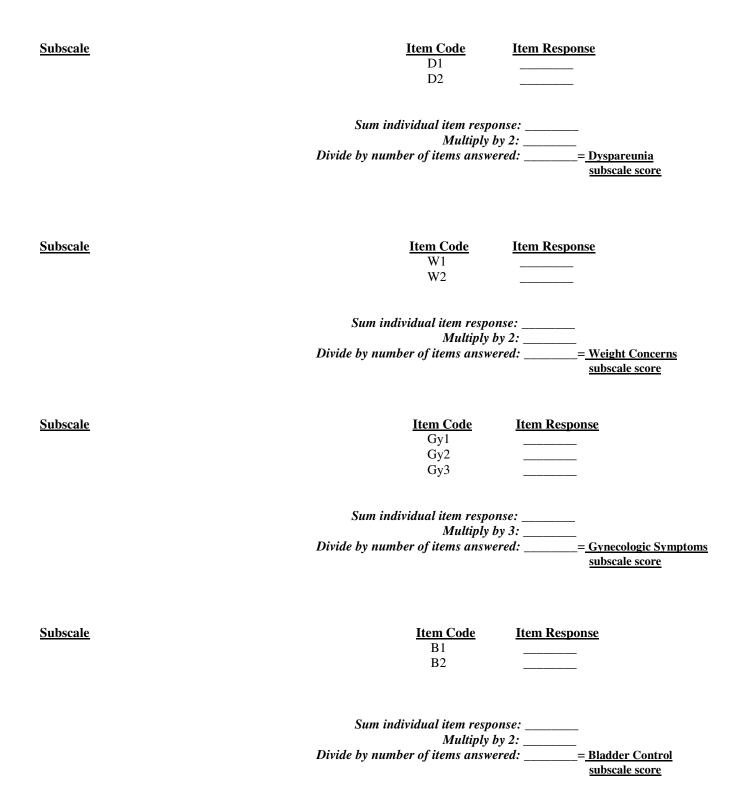
Instructions:
    1. Record answers in "Item Response" column. If missing, mark with an X
    2. Add item responses on the "sum" line.
    3. Multiply the sum of the item scores by the number of items in the subscale, then divide by the number of items answered. This produces the subscale score.

Subscale	**Item Code**	**Item Response**
	C1	_____
	C2	_____
	C3	_____

Sum individual item responses: _____
Multiply by 3: _____
Divide by number of items answered: _____ = **Cognitive Symptoms subscale score**

Subscale	**Item Code**	**Item Response**
	M1	_____
	M2	_____
	M3	_____

Sum individual item responses: _____
Multiply by 3: _____
Divide by number of items answered: _____ = **Musculoskeletal Pain subscale score**

Subscale	**Item Code**	**Item Response**
	V1	_____
	V2	_____
	V3	_____

Sum individual item responses: _____
Multiply by 3: _____
Divide by number of items answered: _____ = **Vasomotor Symptoms subscale score**

Subscale	**Item Code**	**Item Response**
	Ga1	_____
	Ga2	_____
	Ga3	_____

Sum individual item responses: _____
Multiply by 3: _____
Divide by number of items answered: _____ = **Gastrointestinal Symptoms subscale score**

Subscale		**Item Code**	**Item Response**
		D1	_____
		D2	_____

Sum individual item response: _____
Multiply by 2: _____
Divide by number of items answered: _____ = **Dyspareunia**
subscale score

Subscale		**Item Code**	**Item Response**
		W1	_____
		W2	_____

Sum individual item response: _____
Multiply by 2: _____
Divide by number of items answered: _____ = **Weight Concerns**
subscale score

Subscale		**Item Code**	**Item Response**
		Gy1	_____
		Gy2	_____
		Gy3	_____

Sum individual item response: _____
Multiply by 3: _____
Divide by number of items answered: _____ = **Gynecologic Symptoms**
subscale score

Subscale		**Item Code**	**Item Response**
		B1	_____
		B2	_____

Sum individual item response: _____
Multiply by 2: _____
Divide by number of items answered: _____ = **Bladder Control**
subscale score

PLEASE NOTE: Scoring of the BESS Plus includes only those items from the first page. The items on Page 2 represent symptoms or concerns that were important in previous breast cancer prevention trials and yet do not aggregate consistently into common scales. Summarizing all 30 item responses into a single symptom burden score may have value in certain applications, but this practice has not been validated.