

Dyspnea Time Extension

Please respond to each question or statement by marking one box per row.

Considering your shortness of breath over the past 7 days, rate the amount of time it has taken you to complete the following activities to your satisfaction.

In the past 7 days...		Less time	The same amount of time	More time	Does not apply
DYSTE001	How much time did it take you to <u>use the toilet without help</u> compared to 3 months ago?.....	☐ -1	☐ 0	☐ 1	☐ 0
DYSTE002	How much time did it take you to <u>wash your face completely</u> compared to 3 months ago?.....	☐ -1	☐ 0	☐ 1	☐ 0
DYSTE003	How much time did it take you to <u>make your bed completely</u> compared to 3 months ago?.....	☐ -1	☐ 0	☐ 1	☐ 0
DYSTE004	How much time did it take you to <u>carry less than 5 lbs (about 2 kg)</u> compared to 3 months ago?.....	☐ -1	☐ 0	☐ 1	☐ 0
DYSTE005	How much time did it take you to <u>walk up 10 stairs (1 flight) without stopping</u> compared to 3 months ago?.....	☐ -1	☐ 0	☐ 1	☐ 0
DYSTE006	How much time did it take you to <u>carry something weighing 10-20 pounds (like a large bag of groceries) from one room to another</u> compared to 3 months ago?	☐ -1	☐ 0	☐ 1	☐ 0
DYSTE007	How much time has it taken you to do your usual activities in general, compared to 3 months ago?.....	☐ -1	☐ 0	☐ 1	☐ 0