m P	nanage tre	eatmen wer ev	t related ery ques	d diarrhoe	a. Your	respon	ses al	I more about how you re strictly confidential. ast 7 days by marking				
1.	 Over the past week how many bowel movements (include diarrhoea or loose watery stools) did you have on a typical day: 											
	none□	1 🗆	2	3□ 4□	5□	6□	7□	8 or more□				
2.	Over the	past w	eek how	many day	s were t	ypically	like thi	s?				
	every day	['] □ a	ılmost ev	ery day (5	i-6 days)	o□ sc	me da	ys (3-4 days)□				
3.	Over the	past w	eek were	e your bow	el move	ments u	sually:	-				
	hard/firm[□ c	quite sof	t□ ver	y soft/loo	ose□	wate	ry□				
4.	Over the p		eek have	you chan	ged you	r diet to	try and	d help with the				
	no□ (go	to que	stion 5)	yes[\exists If yes,	, go to q	uestioi	n 4a				
	4a. What were these and how successful were they? (<i>please mark all that apply</i>) <i>i)</i> avoid certain foods □											
	How succ	essful	was this	?								
	_											
	not at all [⊒ a	little□	quite a	bit□	very su	ıccess	ful□				
	not at all [ii) follow a			<u>.</u>	bit□	very su	ıccess	ful□				
		specia	al diet □]	bit□	very su	ıccess	ful□				
	ii) follow a	specia essful	al diet □] ?	bit□ bit□	·						
5.	ii) follow a How succe not at all [special sessful a	al diet □ was this little□ eek did y	? quite a	bit□ ny extra	very su	ıccess					
5.	ii) follow a How succe not at all [Over the hospital d	essful a past we octors	al diet was this little eek did y to try an	? quite a you take a	bit□ ny extra n the dia	very su medicin rrhoea?	uccess es not	ful□ prescribed by the				
5.	ii) follow a How succe not at all a Over the hospital denoming (go	essful apast we octors to que were the	was this little was did y to try an and the see and th	quite a quite a definition of the definition of	bit□ ny extra h the dia □ <i>If yes,</i> cessful w	very sumedicin rrhoea? go to quere they	uccess es not uestion y? (ple	ful□ prescribed by the				
5.	ii) follow a How succe not at all a Over the hospital denoming (go	essful apast we octors to que were the	al diet was this little eek did y to try an stion 6) hese and	quite a you take a d help with yes[d how succeeduency of	bit□ ny extra h the dia □ <i>If yes,</i> cessful w	very sumedicin rrhoea? go to quere they	uccess es not uestion y? (ple	ful□ prescribed by the n 5a				

Date/.....

	ii) medicines to relieve the cramping/pain □													
	How successful was this?													
	not	at all□	l a little□	quite a bit□	ver	y successful□								
6.		•	oast week have yospital doctors/n		•	ealth care profess diarrhoea?	sional	other						
	no□ (go to question 7) yes□ If yes, go to question 6a/6b													
	6a) Who was this? (please mark all that apply)													
	GP[practice nurse	□ pharma	cist□	other□								
	6b)	What o	did they advise a	and did you try	•	please mark all t I you try this? →	that ap	o <i>ply)</i> yes						
	i)	increa	se fluid intake□]										
	ii)	chang	ge of diet□											
	iii)	use of	f dietary supplen	nents□										
	iv)	use of	f herbal remedie	es										
	v)	use of	f anti-diarrhoeal	medicines□										
	vi)	help v	vith anal sorenes	ss/skin damage	е□									
	vii)	rest a	nd reduce norma	al activity□										
	viii)	other												
7.		•	past week have try and help wit	•		mber of your ar	nti-car	icer						
	neve	er□	once or twice□	3 to 4 days	□ r	nost days this we	eek□							
8.	8. Over the past week have you ever completely stopped taking your anti-cancer tablets to try and help with the diarrhoea?													
never□ once or twice□ 3 to 4 days□ most days this wee							eek□							

Thank you for completing this questionnaire